

Rosh Chodesh by the Bay is a lay-driven gathering for all who wish to honor the beginning of each Hebrew month with intention, joy, and community. While Rosh Chodesh has blossomed as a space to uplift the feminine, we welcome people of all genders to join in this sacred pause.

Ha Shamayim Misaprim K'vod El

“The Heavens Declare God’s Glory”

השמים מספרים כבוד א-ל

Lo BaShamayim He

“Not in the Heavens”

לא בשמים היא

We believe that the heavens will continue their cosmic dance whether or not we take note. But we *choose* to mark the new moon, not to keep the moon on track, but to keep ourselves aligned. In doing so, we affirm our partnership with the Divine and our connection to one another.

Heshvan 5786

Wed., Oct. 22 & Thurs, Oct. 23, 2025

Heshvan Rosh: Tracy Richards

Kislev 5786 Hanukkah

Friday, November 21, 2025

Kislev Rosh: Cara Lieb

Tevet 5786 Chanuka continues

Saturday, Dec 20, 2025

Tevet Rosh: Galena Bordetsky

Shevat 5786 Tu B'Shvat

Monday, Jan 19, 2026

Monthly Rosh: _____

Adar 5786 Purim

Wednesday, Feb. 17, 2026

Monthly Rosh: _____

Nisan 5786 - Passover

Wednesday, March 18, 2026

Monthly Rosh: _____

Iyar 5786 Yom Ha'Atzmaut – Lag Ba Omer

Friday, April 17, 2026

Monthly Rosh: _____

Sivan 5786 Shavuot

Sunday, May 17, 2026

Sivan Rosh: Sarita Silverman

Tamuz 5786

Tuesday, June 16, 2026

Monthly Rosh: _____

Av 5786 Tisha B'Av & Tu B'Av

Thursday, July 16, 2026

Monthly Rosh: _____

Elul 5786

Saturday, August 15, 2026

Monthly Rosh: _____

Tishrei 5787 Rosh Hashana, Sukkot, Simchat Torah

TIME TO CHOOSE ROSH CHODESH GUIDES

ROSH CHODESH BY THE BAY

5786

GATHERING GUIDE

MONTHLY ROSH provides:
**A candle, something that smells lovely
& a simple treat to share.**

Rosh Chodesh By The Bay
[WhatsApp Group](#)

FAQs & Contact:
[MitzvahMamas.com](#)

Signup to:
[Be a Rosh](#)

GATHERING OPENING

- Welcome from Rosh; includes announcing which month we welcome and something interesting about the month.
- While sitting in a circle hold a lit candle, say your name, your mother's, grandmothers, etc., pass the candle. When the candle goes fill circle

Recite in unison:

Let us bless the flow of life that sustains us and brings us to this time. May the month of _____ be a month of goodness, joy, peace, kindness, friendship, love, creativity, strength, serenity, fulfilling work, dignity, satisfaction, success, sustenance, physical strength, and radiance. May truth and justice guide our acts. May compassion temper our lives, that we may blossom and become our sweetest selves.

Ozi v'Zimrat Yah Vayahi li Lishuah - .Psalms 118.14
The Lord is my strength and song; And He is become my salvation

El Na R'fa'ah Na Lah (4X)

God grant me the serenity to accept the things I cannot change; God grant me the courage to change the things I can; And God grant me the wisdom to know the difference.

El Na R'fa'ah ...

Mishaberach avoteinu hu yirapeh et haCholim; m'kor sh'chinah l'imoteinu hi timtza mazor la sovlm; R'fuat hanefesh v'ha goof, refuah shleima

El Na R'fa'ah ...

RANDOM KINDNESS

“Shamati” Once again we pass the candle. Take turns going the circle. Each woman has about 1 minute to share some personal good news, an act of kindness she did for someone, an act of kindness someone did for her or something she did for herself, her family or someone else that enriches their Jewish life. When we conclude the sharing, the Rosh invites women to hold hands:

Recite in unison:

Adonai, bless our friends & families, each according to what their hearts need today. May they be held in peace, supported in their challenges, and strengthened in their journeys. May their lives be touched by prosperity of spirit, clarity and connection as together we seek to walk in a deeper relationship with all that is holy.

If a “New Jew”(B. Mitzvah or by choice) is in attendance, we offer a celebratory welcome!

Siman Tov U Mazal Tov

PROGRAM

(This section runs about 30 minutes).

Initiated by the monthly Rosh on a passion, a topic of their choice or a predetermined them. The Rosh may choose to invite a guest to guide this part.

GATHERING CLOSING

Recite in unison:

May I bring kindness and love to this circle and beyond, making the world kinder through my actions. May I be a source of peace, using my talents for good in this home, community, and world. Grant me the strength to soften worries and fully show up. May I see the sacred in the ordinary: the joy of familiar faces, the beauty of quiet moments, the blessing of gathering. When this day ends, may I feel I used Your gifts wisely, adding light and leaving this place better.

Pass a lovely smelling something (b'samim) around circle When everyone has smelled them recite:

ברוך אתה.....בורא מיני בשמים

Barukh ata Adonai Eloheinu melekh haolam,
bo're minei b'samim

It is also lovely to say or sing Shehechianu

ANNOUNCE NEXT ROSH

CHODESH TOV!